Tirumala Tirupati Devasthanams
శ్రీ వేంకటేశ్వర కళాశాల
Sri Venkateswara College
(University of Delhi)
NAAC Grade A+

SRI VENKATESWARA COLLEGE (UNIVERSITY OF DELHI)

EVENT REPORT

NAME OF THE EVENT: "Roobaroo World Mental Health Month"			
DATE	**DEPARTMENT**	**COMMITTEE/SOCIETY**	**COORDINATORS' NAME**
31-10- 2026	—	Empathise: The Mental Health Society (Health & Hygiene Committee)	Dr. Ritika Singh Dr. Chetan(H&H)
TIME	**VENUE**	**NUMBER OF PARTICIPANTS**	**NATURE: Outdoor/Indoor; online/offline/hybrid**
10:00am to 2:00 pm	Front Lawn	185	Outdoor/ Offline
FINANCIAL SUPPORT/ ASSISTANCE (if any):	3,500 Received		

BRIEF INFORMATION ABOUT THE ACTIVITY

TOPIC/SUBJECT OF THE ACTIVITY	**"Roobaroo World Mental Health Month"**
OBJECTIVES	To raise awareness about mental health in an engaging and approachable way, and to encourage open conversations around emotional well-being through a Halloween-themed biannual event.
METHODOLOGY	The event focused on spreading awareness through games and fun activities, creating a relaxed space for students to engage with mental health topics. Participants also took part in a "letters to strangers" activity, writing kind and supportive notes for others. Several NGOs and organisations participated in the event and set up stalls, offering resources and support to attendees.
INVITED SPEAKERS WITH AFFILIATION DETAILS (IF ANY)	_____
OUTCOMES	Attendees enjoyed the Halloween-themed event while learning about mental health in a stress-free environment. The games, letter-writing activity and resources shared by NGOs and organisations helped spread awareness, reduce stigma and connect students with available support.

PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

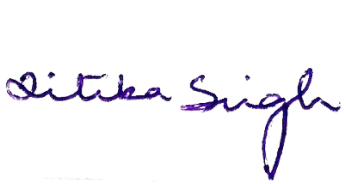
1 Notice & Letters ✔	2 Number of Participants & Name of participants ✔	3 Video clip	4 Photos ✔	5 Feedback Form & analysis ✔
6 News clip with details	7 Sample Copy of the Certificate	8 Posters/ Invites ✔	9 Event report Attested by Event Coordinator & IQAC Coordinator	10 Any other document

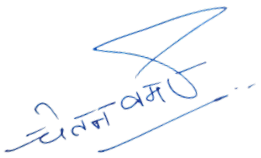
Departmental file no: SVC/EMP/2026-27/October 2026/06

IQAC File No: SVC/IQAC/EMP/2026-27/October 2026

Criterion No: III,V,VII

NAME OF EVENT-IN-CHARGE & SIGNATURE:





Dr. Ritika Singh, Dr.Chetan(Health & Hygiene Committee)

For Reference

Criterion I	Curricular Aspects (planning & Implementation)		Criterion V	Student Support & Progression
Criterion II	Teaching Learning & Evaluation		Criterion VI	Governance, Leadership & Management
Criterion III	Research, Innovations & Extension		CriterionVII	Institutional Values & Best Practices
Criterion IV	Learning Resources and Infrastructure			

REPORT

Empathize — The Mental Health Society of SVC organized an activity titled "Roobaroo World Mental Health Month" on October 31, 2026, in Front Lawn from 10:00 a.m. to 2:00 p.m.

The event was Halloween-themed and focused on spreading awareness about mental health in a fun, stress-free and approachable way. Instead of a formal seminar, students took part in a variety of games and interactive activities that encouraged them to open up and engage with the topic of emotional well-being.

One of the highlights was the “Letters to Strangers” activity, where participants wrote kind and supportive notes for people they did not know. This simple gesture reminded attendees that a few words of kindness can make a real difference to someone’s day.

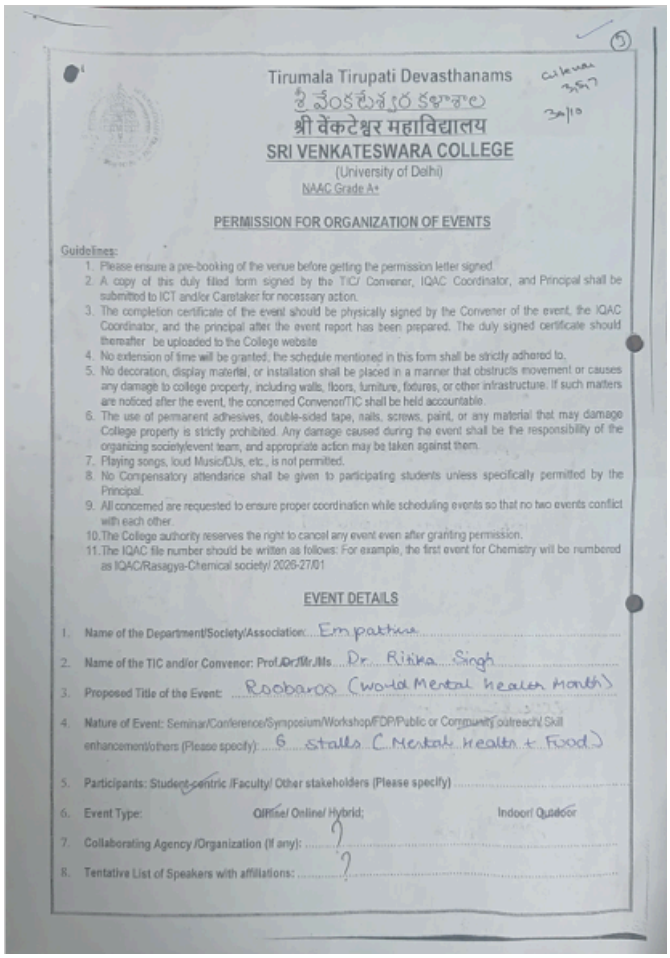
Several NGOs and organisations also joined the event and set up stalls, offering students helpful resources, information and support related to mental health. Students interacted with the representatives and learned about the help available to them.

Food stalls were also set up at the venue, giving attendees a chance to relax, enjoy refreshments and spend time with friends, which added to the festive atmosphere of the event.

Students participated enthusiastically throughout the day, and the combination of the Halloween theme, games, food and meaningful activities made the event an enjoyable and remarkable success.

We thank Principal Sir for allowing us to organize this event. We also extend our thanks to the Caretaker for providing the equipment and support required for conducting the activity. A special thanks to all the NGOs and organisations for their time, resources and for making the event so engaging.

PERMISSION LETTERS



Tirumala Tirupati Devasthanams
శ్రీ వేంకటేశ్వర కళాశాల
श्री वेंकटेश्वर महाविद्यालय
SRI VENKATESWARA COLLEGE
(University of Delhi)
NAAC Grade A+

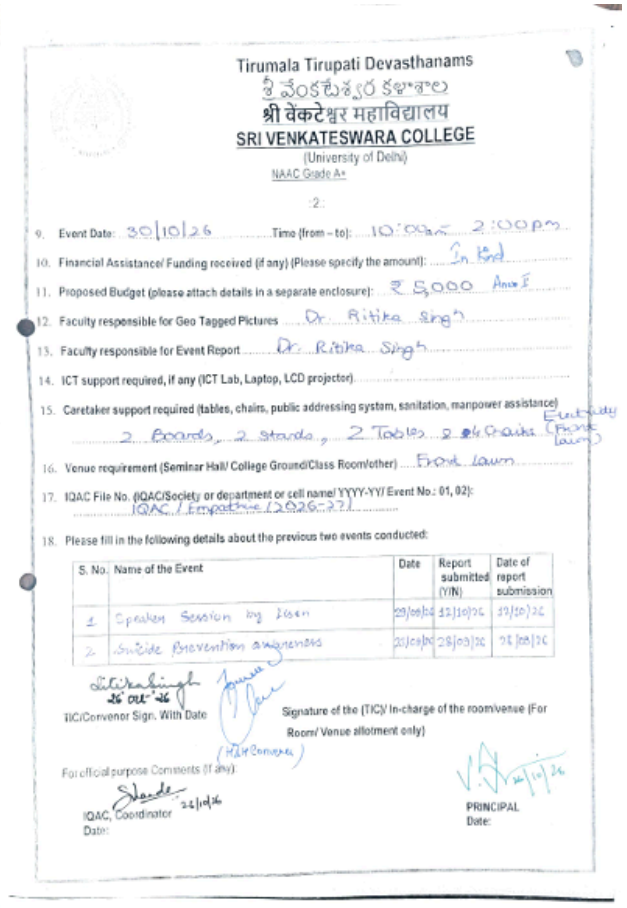
PERMISSION FOR ORGANIZATION OF EVENTS

Guidelines:

1. Please ensure a pre-booking of the venue before getting the permission letter signed.
2. A copy of this duly filled form signed by the TIC/ Convener, IQAC Coordinator, and Principal shall be submitted to ICT and/or Caretaker for necessary action.
3. The completion certificate of the event should be physically signed by the Convener of the event, the IQAC Coordinator, and the principal after the event report has been prepared. The duly signed certificate should thereafter be uploaded to the College website.
4. No extension of time will be granted, the schedule mentioned in this form shall be strictly adhered to.
5. No decoration, display material, or installation shall be placed in a manner that obstructs movement or causes any damage to college property, including walls, floors, furniture, fixtures, or other infrastructure. If such matters are noticed after the event, the concerned Convenor/TIC shall be held accountable.
6. The use of permanent adhesives, double-sided tape, nails, screws, paint, or any material that may damage College property is strictly prohibited. Any damage caused during the event shall be the responsibility of the organizing society/event team, and appropriate action may be taken against them.
7. Playing songs, loud Music/DJs, etc., is not permitted.
8. No Compensatory attendance shall be given to participating students unless specifically permitted by the Principal.
9. All concerned are requested to ensure proper coordination while scheduling events so that no two events conflict with each other.
10. The College authority reserves the right to cancel any event even after granting permission.
11. The IQAC file number should be written as follows: For example, the first event for Chemistry will be numbered as IQAC/Rasayya-Chemical society/ 2026-27/01

EVENT DETAILS

1. Name of the Department/Society/Association: Empathia
2. Name of the TIC and/or Convenor: Prof. Dr./Mr./Ms. Dr. Ritika Singh
3. Proposed Title of the Event: Roobaroo (World Mental Health Month)
4. Nature of Event: Seminar/Conference/Symposium/Workshop/FDP/Public or Community outreach/ Skill enhancement/others (Please specify): 6 Stalls (Mental Health + Food)
5. Participants: Student-centric /Faculty/ Other stakeholders (Please specify)
6. Event Type: Offline/ Online/ Hybrid; Indoor/ Outdoor
7. Collaborating Agency /Organization (If any):
8. Tentative List of Speakers with affiliations:



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SRI VENKATESWARA COLLEGE
(University of Delhi)
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:2:

9. Event Date: 30/10/26 Time (from – to): 10:00am 2:00pm
10. Financial Assistance/ Funding received (if any) (Please specify the amount): In Kind
11. Proposed Budget (please attach details in a separate enclosure): ₹ 5,000 Annex E
12. Faculty responsible for Geo Tagged Pictures Dr. Ritika Singh
13. Faculty responsible for Event Report Dr. Ritika Singh
14. ICT support required, if any (ICT Lab, Laptop, LCD projector)
15. Caretaker support required (tables, chairs, public addressing system, sanitation, manpower assistance) 2 Boards, 2 Stands, 2 Tables, 2 Chairs (Front Lawn) Electricity
16. Venue requirement (Seminar Hall/ College Ground/Class Room/other) Front Lawn
17. IQAC File No. (IQAC/Society or department or cell name/ YYYY-YY/ Event No.: 01, 02): IQAC/Empathia/2026-27/1
18. Please fill in the following details about the previous two events conducted:

S. No.	Name of the Event	Date	Report submitted (Y/N)	Date of report submission
1	Speaker Session by Team	29/08/26	12/10/26	13/10/26
2	Suicide Prevention awareness	26/09/26	28/09/26	28/09/26

Ritika Singh 26 OCT 26
TIC/Convenor Sign. With Date

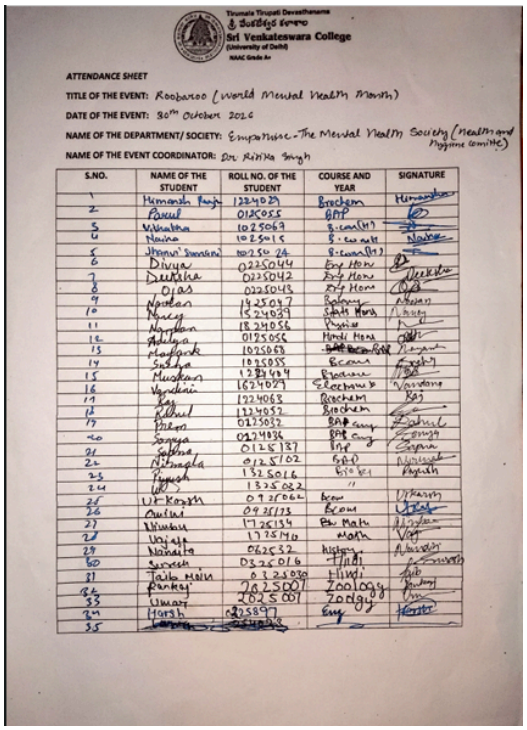
Signature of the (TIC)/ In-charge of the room/venue (For Room/ Venue allotment only)
(HLH Convener)

For official purpose Comments (If any):

IQAC, Coordinator Date: 26/10/26

PRINCIPAL Date: 26/10/26

ATTENDANCE RECORD



Tirumala Tirupati Devasthanams
Sri Venkateswara College
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ATTENDANCE SHEET

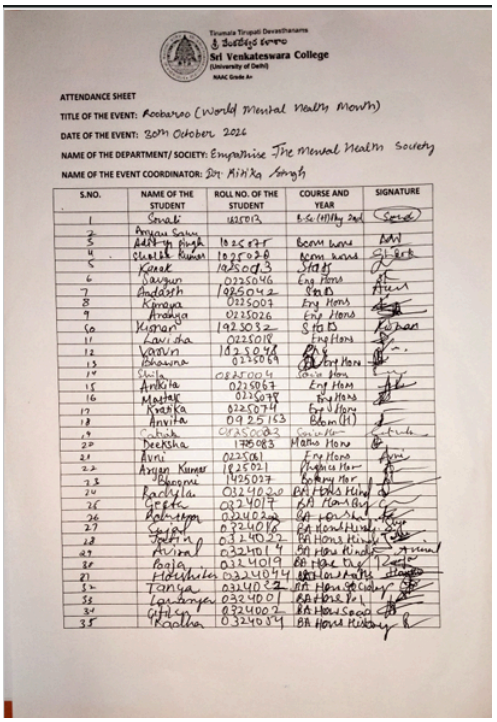
TITLE OF THE EVENT: Roobaroo (World Mental Health Month)

DATE OF THE EVENT: 30th October 2024

NAME OF THE DEPARTMENT/ SOCIETY: Empathise-The Mental Health Society (Health and Hygiene Committee)

NAME OF THE EVENT COORDINATOR: Dr. Ritika Singh

S.NO.	NAME OF THE STUDENT	ROLL NO. OF THE STUDENT	COURSE AND YEAR	SIGNATURE
1	Himanshi Negi	1224021	Bretchem	
2	Rahul	0125055	BAP	
3	Vikrantha	1025069	B.com(Hn)	
4	Naina	1025015	B.com Hons	
5	Jhanvi Sharma	102502 24	B.com(Hn)	
6	Divya	0225044	Eng Hons	
7	Deeksha	0225042	Eng Hons	
8	Ojas	0225043	Eng Hons	
9	Nandan	1425037	Botany	
10	Nancy	1524059	Hindi Hons	
11	Meghan	1824056	Chemist	
12	Aditya	0125056	Hindi Hons	
13	Mridank	1025068	Bcom	
14	Siddha	1025055	Bcom	
15	Muskan	1225464	Bcom	
16	Vandana	1624027	Electronics	
17	Raj	1224068	Brechem	
18	Rahul	1224052	Brechem	
19	Hem	0125032	BAP	
20	Sonya	0224036	BAP Eng	
21	Sahil	0125137	BAP	
22	Nirmala	0125102	BAP	
23	Piyush	1525016	Bio Hons	
24	[illegible]	1325022	"	
25	Ut Karsh	0925062	Bcom	
26	Anshi	0925123	Bcom	
27	Khushi	1725134	Bsc Math	
28	Vaish	1725140	Math	
29	Hemlata	0625032	History	
30	Suresh	D325016	Hindi	
31	Jaita Malik	0125030	Hindi	
32	Pankaj	2025001	Zoology	
33	Umang	2025007	Zoology	
34	Harsh	0225897	Eng	
35	[illegible]	[illegible]		



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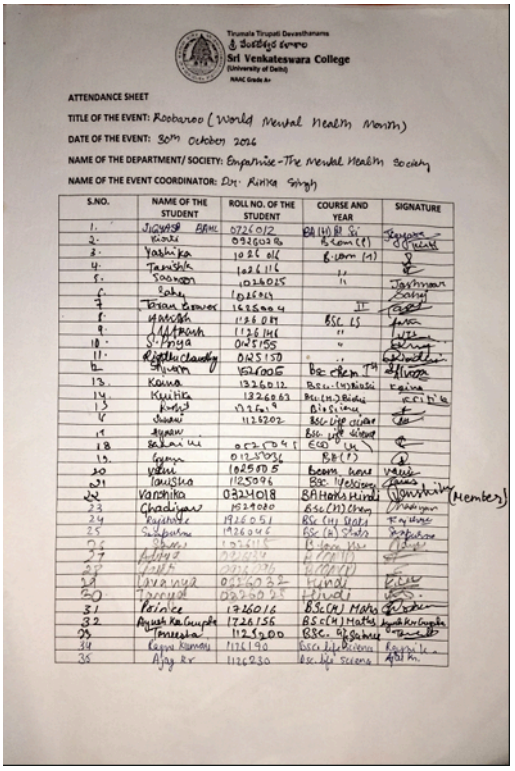
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NAME OF THE DEPARTMENT/ SOCIETY: Empathise The Mental Health Society

NAME OF THE EVENT COORDINATOR: Dr. Ritika Singh

S.NO.	NAME OF THE STUDENT	ROLL NO. OF THE STUDENT	COURSE AND YEAR	SIGNATURE
1	Sonali	1625013	B.Sc (Hlthy 2nd	
2	Anmol Saini	0225061	Eng Hons	
3	Aditya Singh	1025075	Bcom Hons	
4	Shashi Kumar	1025038	Bcom Hons	
5	Kanak	1025063	Maths	
6	Gaurav	0225046	Eng Hons	
7	Aadarsh	1025042	Stats	
8	Kimaya	0225007	Eng Hons	
9	Aradhya	0225026	Eng Hons	
10	Kisman	1925032	Stats	
11	Lavisha	0225018	Eng Hons	
12	Vanvi	1025076	Phy	
13	Bhavna	0225069	Eng Hons	
14	Shita	0225004	Eng Hons	
15	Anikita	0225067	Eng Hons	
16	Mahak	0225078	Eng Hons	
17	Kanika	0225074	Eng Hons	
18	Anvita	0925163	Bcom(H)	
19	Sahish	0925003	Sanskrit	
20	Deeksha	1725083	Maths Hons	
21	Avni	0225061	Eng Hons	
22	Aryan Kumar	1825021	Physics Hon	
23	Yogesh	1425037	Botany Hon	
24	Radhika	0324020	BA Hons Hindi	
25	Geeta	0324017	BA Hons Eng	
26	Rahman	0324022	BA Hons Hindi	
27	Gopal	0324016	BA Hons Hindi	
28	Jatin	0324022	BA Hons Hindi	
29	Avina	0324014	BA Hons Hindi	
30	Rajni	0324019	BA Hons Eng	
31	Hitchhiker	0324044	BA Hons Eng	
32	Tanya	0324032	BA Hons Sociology	
33	Lavanya	0324001	BA Hons Pol	
34	Utkarsh	0324002	BA Hons Socio	
35	Radha	0324034	BA Hons History	



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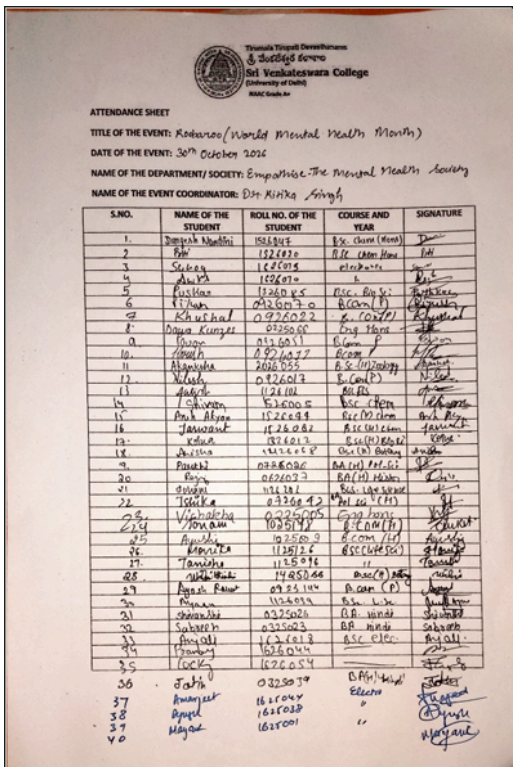
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NAME OF THE DEPARTMENT/ SOCIETY: Empathise-The Mental Health Society

NAME OF THE EVENT COORDINATOR: Dr. Ritika Singh

S.NO.	NAME OF THE STUDENT	ROLL NO. OF THE STUDENT	COURSE AND YEAR	SIGNATURE
1.	Jignasa Bhatt	0726012	BA (H) Pol Sc	
2.	Kiran	0926038 Rb	B.Com (H)	
3.	Yashika	1026 016	B.Com (H)	
4.	Tanishk	1026116	"	
5.	Saanvi	1026015	"	
6.	Soha	1025043	"	
7.	Tarun Kumar	1625004	"	
8.	Manish	1126 089	BSc IS	
9.	Jagdeesh	1126 146	"	
10.	Shreya	0925155	"	
11.	Kshitij Chawdry	0925150	"	
12.	Shivam	1526005	Bsc chem 3rd	
13.	Kavya	1326012	Bsc (H) Biotech	
14.	Khushi	1226083	Bsc (H) Biotech	
15.	Kashish	1726063	BSc Life science	
16.	Shadiyan	1126202	BSc Life science	
17.	Jignasa		BSc Life science	
18.	Sakshi	0625054	ECO (H)	
19.	Tanya	0125036	BA (H)	
20.	Vidhi	1025085	Bcom Hons	
21.	Tanishka	1125096	BSc Medical	
22.	Vanshika	0324018	BA Hons Hindi	
23.	Shadiyan	1524080	BSc (H) Chem	
24.	Kashish	1926051	BSc (H) Biotech	
25.	Sukhpreet	1926046	BSc (H) Stats	
26.	Bhavi	1725116	B.Com Hons	
27.	Aditya	0225079	BA (H)	
28.	Vidhi	0225076	BA (H)	
29.	Divyanshi	0926032	Hindi	
30.	Tanishka	0926032	Hindi	
31.	Prince	1926016	BSc (H) Maths	
32.	Ayush Kr Gupta	1726156	BSc (H) Maths	
33.	Tanushka	1125100	BSc. Biotech	
34.	Tanya Kanaujia	1121190	BSc Life Science	
35.	Ajay Kr	1126230	BSc Life Science	

(Members)



Tirumala Tirupati Devasthanams
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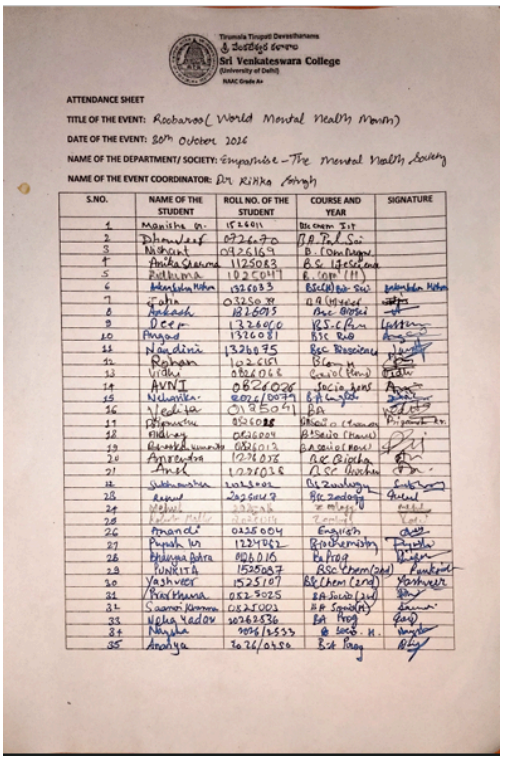
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NAME OF THE EVENT COORDINATOR: Dr. Ritika Singh

S.NO.	NAME OF THE STUDENT	ROLL NO. OF THE STUDENT	COURSE AND YEAR	SIGNATURE
1.	Dinesh Nautiyal	1526045	BSc Chem (Hons)	
2	Ravi	1525030	BSc chem Hons	
3	Sidhey	1625015	electronics	
4	Akshi	1625070	b	
5	Pushkar	1726085	BSc. Bio Sc	
6	Rithan	0926070	B.Com (H)	
7	Khushal	0926022	B. Com(H)	
8	Naya Kunzes	0225066	Eng Hons	
9	Tarun	0926051	B.Com (H)	
10	Yogesh	0926037	B.com	
11	Alankrita	2026055	B.Sc (H) Zoology	
12	Nikesh	0926017	B.Com(H)	
13	Aaditi	1126102	BA (H)	
14	Shivam	1526005	BSc (Hons)	
15	Ank Aryan	1526094	BSc (H) chem	
16	Jaswant	1126082	BSc (H) chem	
17	Rahul	1826013	BSc(H) Biotech	
18	Aarushi	1925065	BSc (H) Botany	
19	Pawan	0926096	BA (H) Pol Sci	
20	Priya	0926027	BA (H) History	
21	Shivani	1126181	BSc Life Science	
22	Tsitika	0926043	Pol Sc (H)	
23	Vishakha	0225005	Eng Hons	
24	Tanvi	1025058	B.Com (H)	
25	Ayushi	1025009	B.Com (H)	
26	Anushka	1125126	BSc(Life Sc)	
27	Tanishka	1125096	"	
28	[illegible]	1425066	BSc(H) Phy	
29	Ayush Rawat	0925104	B.Com (P)	
30	Nupur	1126093	BSc Life Science	
31	Shivanshi	0325026	BA Hindi	
32	Sakshi	0325023	BA Hindi	
33	Anjali	1626013	BSc elec	
34	Pankaj	1626044		
35	Lucky	1626054		
36	Jatin	0325079	BA(H) Hindi	
37	Anurajeet	1625044	Electro	
38	Gopal	1625038	"	
39	Mayank	1625001	"	
40				



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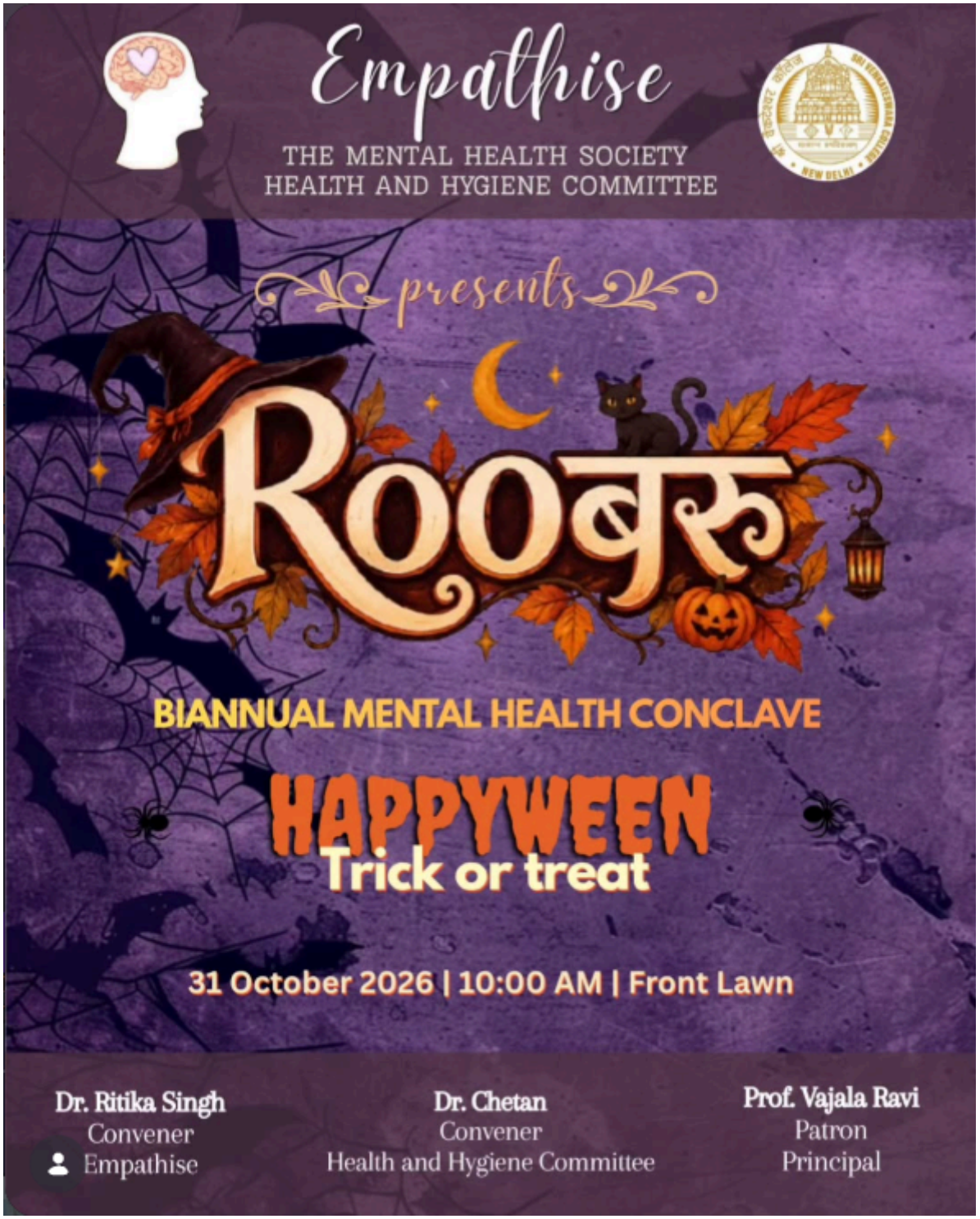
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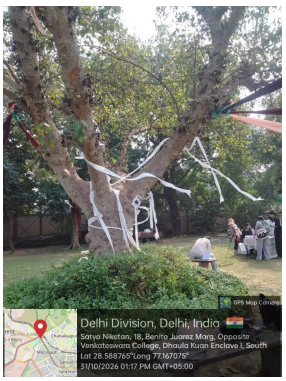
S.NO.	NAME OF THE STUDENT	ROLL NO. OF THE STUDENT	COURSE AND YEAR	SIGNATURE
1	Manisha Bh.	1526011	BSc chem 3rd	
2	Dhanvi	0726070	BA Pol Sc	
3	Nishant	0926169	B. Com (Hons)	
4	Anika Sharma	1125083	B.Sc (Life Science	
5	Ruthuma	1025041	B. Com (H)	
6	Akanksha Mehra	1526033	BSc(H) Bio Sci	
7	Tania	0325039	BA (Hons)	
8	Aadarsh	1826015	Bsc Physics	
9	Deen	1326060	BSc Phy	
10	Angad	1326081	BSc Bio	
11	Nandini	1326075	Bsc Physics	
12	Rohan	1026161	B.Com H	
13	Vidhi	0926068	Social Work	
14	AVNI	0826026	Socio Hons	
15	Nikunika	0926/00794	B.Sc Life Sc	
16	Nishita	0925071	BA	
17	Priyanshu	0525028	BSc(H) Chemistry	
18	Aditya	0926004	BSc(H) Physics	
19	Aashish Kumar	0826013	BA Social (Hons)	
20	Agneyendra	1226035	BSc Biotech	
21	Ansh	1026036	BSc Biotech	
22	Subhamshu	1026002	BSc Zoology	
23	Anjali	2025012	BSc Zoology	
24	Mehul	2025018	B.Sc (H) Physics	
25	Rohit Malik	2025019	B.Sc (H) Physics	
26	Anandi	0225004	English	
27	Piyush Vij	1224062	BSc Chemistry	
28	Shivya Bora	0826015	BA Prog	
29	PUNKITA	1525087	BSc Chem (2nd)	
30	Yashveer	1525107	BSc Chem (2nd)	
31	Priti Meena	0825025	BA Social (2nd)	
32	Saanvi Verma	0825003	BA Sanskrit	
33	Neha Yadav	10263536	BA Prog	
34	Nandini	0926/1533	B Tech H	
35	Aradhya	2026/0450	Bsc Prog	

POSTER


Empathise
THE MENTAL HEALTH SOCIETY
HEALTH AND HYGIENE COMMITTEE
presents
Roobaru
BIANNUAL MENTAL HEALTH CONCLAVE
HAPPYWEEN
Trick or treat
31 October 2026 | 10:00 AM | Front Lawn
Dr. Ritika Singh
Convener
Empathise
Dr. Chetan
Convener
Health and Hygiene Committee
Prof. Vajala Ravi
Patron
Principal

GEO TAGGED PICTURES





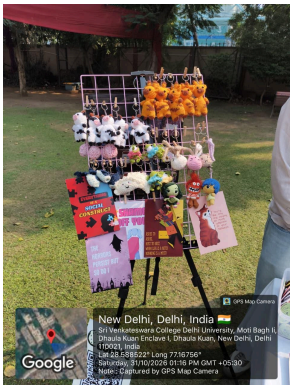








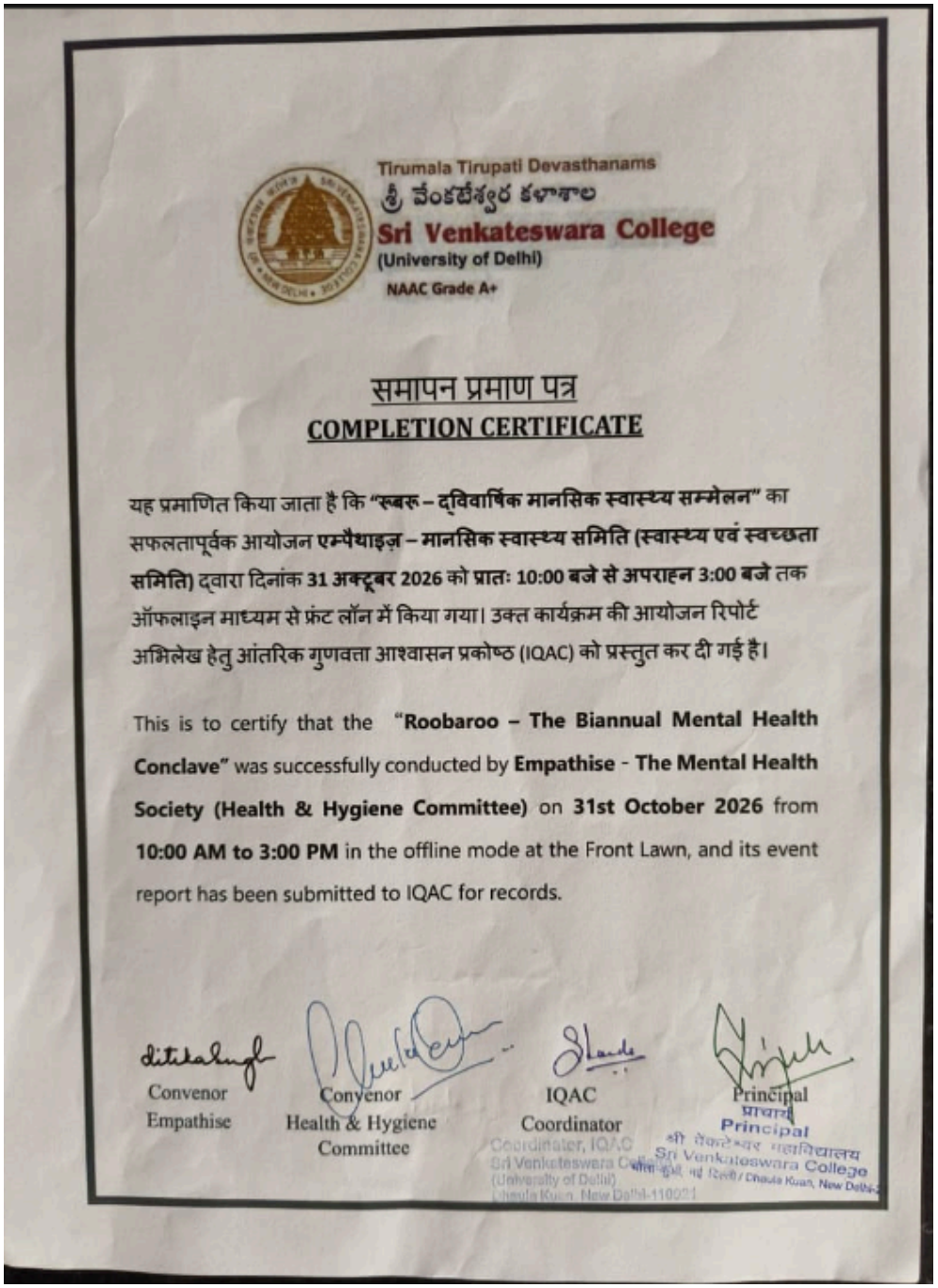








COMPLETION CERTIFICATE



Tirumala Tirupati Devasthanams
శ్రీ వేంకటేశ్వర కళాశాల
Sri Venkateswara College
(University of Delhi)
NAAC Grade A+

समापन प्रमाण पत्र
COMPLETION CERTIFICATE

यह प्रमाणित किया जाता है कि **"रूबरू – द्विवार्षिक मानसिक स्वास्थ्य सम्मेलन"** का सफलतापूर्वक आयोजन **एम्पैथाइज़ – मानसिक स्वास्थ्य समिति (स्वास्थ्य एवं स्वच्छता समिति)** द्वारा दिनांक **31 अक्टूबर 2026** को **प्रातः 10:00 बजे से अपराह्न 3:00 बजे** तक ऑफलाइन माध्यम से फ्रंट लॉन में किया गया। उक्त कार्यक्रम की आयोजन रिपोर्ट अभिलेख हेतु आंतरिक गुणवत्ता आश्वासन प्रकोष्ठ (IQAC) को प्रस्तुत कर दी गई है।

This is to certify that the **"Roobaroo – The Biannual Mental Health Conclave"** was successfully conducted by **Empathise - The Mental Health Society (Health & Hygiene Committee)** on **31st October 2026** from **10:00 AM to 3:00 PM** in the offline mode at the Front Lawn, and its event report has been submitted to IQAC for records.

Convenor
Empathise

Convenor
Health & Hygiene
Committee

IQAC
Coordinator

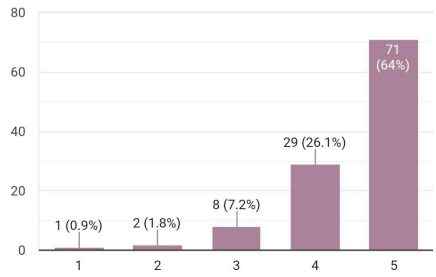
Principal
प्राचार्य
Principal
श्री वेंकटेश्वर महाविद्यालय
Sri Venkateswara College
(University of Delhi)
Dhaula Kuan, New Delhi-110021

FEEDBACK FORM

This event made me feel welcomed, comfortable, and included.

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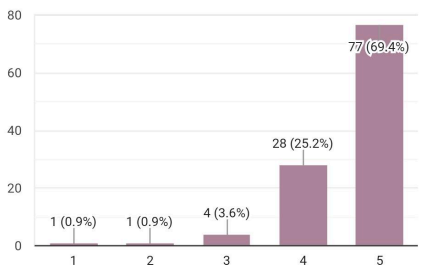
111 responses



I felt comfortable expressing my thoughts or participating during the event.

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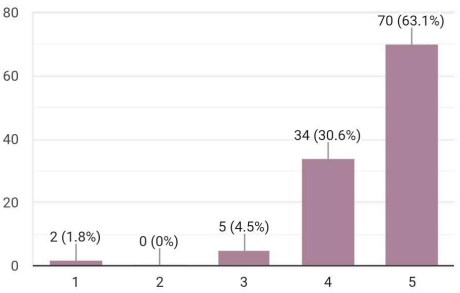
111 responses



Overall, how would you rate your experience at the event ?

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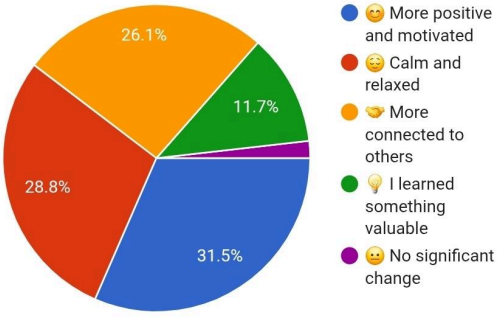
111 responses



After attending this event, I felt...

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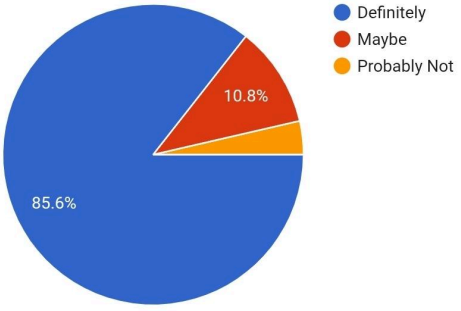
111 responses



Would you attend or recommend future Empathise events?

Copy chart

111 responses



Any suggestions or feedback to help us improve future Empathise events?

48 responses

- it was amazingg and just perfect. Would be better if more reels were made to promote it online and attendance be given for those working in creatives
- Halloween theme was such a good idea. The games were so engaging as well.
- The event was v good
- It was anyways besttt
- good
- Very fun!
- keep it up