Tirumala Tirupati Devasthanams
శ్రీ వేంకటేశ్వర కళాశాల
Sri Venkateswara College
(University of Delhi)
NAAC Grade A+

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SRI VENKATESWARA COLLEGE
(UNIVERSITY OF DELHI)

EVENT REPORT

NAME OF THE EVENT: ALUMNI SEMINAR			
DATE	**DEPARTMENT**	**COMMITTEE/SOCIETY**	**COORDINATORS' NAME**
23RD SEPTEMBER,2025	SOCIOLOGY	SOCIOLOGY ASSOCIATION	PROFF. NABANIPA BHATTACHARJEE DR. NIHARIKA JAISWAL
TIME	**VENUE**	**NUMBER OF PARTICIPANTS**	**NATURE: Outdoor/Indoor; online/offline/hybrid**
11:45 A.M. - 12:45 P.M.	ROOM NO. - **57**	81	OUTDOOR/OFFLINE
FINANCIAL SUPPORT/ASSISTANCE (if any):	Sociology Association Fund		

BRIEF INFORMATION ABOUT THE ACTIVITY

TOPIC/SUBJECT OF THE ACTIVITY	**Nothing of me is original: belonging and acceptance**
OBJECTIVES	**1.** To understand how an individual's identity is formed. **2.** To explore the concept and mechanism of peer pressure. **3.** To understand different types of peer relationships. **4.** To learn about the various stages of identity development.

METHODOLOGY	**1.** Lecture and Presentation **2.** Interactive Discussion **3.** Q&A Session

INVITED SPEAKERS WITH AFFLIATION DETAILS (IF ANY)	**DR. MEGHA PUSHKARNA** COUNSELLING PSYCHOLOGIST ASSOCIATE PROFESSOR AT MASTERS UNION BUSINESS SCHOOL {BATCH OF 1999-2000}
OUTCOMES	**1.** Gained clarity on the stages of identity development. **2.** Understood both the positive and negative aspects of peer pressure. **3.** Encouraged participants to reflect on their own sense of identity. **4.** Helped students develop interpersonal awareness for healthier peer relationships.

PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

1 Notice & Letters ✓	2 Number of Participants & Name of participants ✓	3 Video clip	4 Photos ✓	5 Feedback Form & analysis ✓
6 News clip with details	7 Sample Copy of the Certificate	8 Posters/ Invites ✓	9 Event report Attested by Event Coordinator & IQAC Coordinator ✓	10 Any other document

Departmental file no: SVC/Sociology/2025-26/ September 2025/03
IQAC File No: SVC/IQAC/Sociology/2025-26/ September 2025
Criterion No: III; V; VII
NAME OF EVENT-IN-CHARGE & SIGNATURE: PROF. NABANIPA BHATTACHARJEE DR. NIHARIKA JAISWAL

For Reference

Criterion I	Curricular Aspects (planning & Implementation)		Criterion V	Student Support & Progression
Criterion II	Teaching Learning & Evaluation		Criterion VI	Governance, Leadership & Management
Criterion III	Research, Innovations & Extension		Criterion VII	Institutional Values & Best Practices
Criterion IV	Learning Resources and Infrastructure			

REPORT

The Alumni Seminar was marked by insightful discussions and valuable takeaways. The event began with a warm welcome by Yashvi Srivastava, followed by Dr. Niharika Jaiswal, who introduced the esteemed speaker Dr. Megha Pushkarna. Dr. Megha Pushkarna is a well-known counselling psychologist specializing in couple therapy. She currently serves as an Associate Professor of Psychology at Masters' Union Business School. Among her many accomplishments, she has also been awarded a Gold Medal in Sociology. The seminar revolved around the theme of self-identity.

Dr. Megha initiated the session with an engaging activity, asking participants three thought-provoking questions:

1. Describe yourself in one word.

2. Mention one belief you hold about yourself.

3. Define your primary social role.

This activity laid the foundation for the session, allowing participants to introspect and prepare for deeper discussions on the concept of identity.

Dr. Megha then introduced the three stages of identity development —

1. Exploration Stage

2. Commitment Stage

3. Integration Stage

She also discussed the concept of "**I, Me, and Myself**," which typically emerges during adolescence — around the age of 13 — a period marked by physical, emotional, and cognitive changes.

Moving forward, Dr. Megha explained the factors that influence the formation of self-identity, emphasizing the significant roles of:

Family: which shapes an individual's core values and early identity.

Culture: which acts as a driving force in shaping one's worldview and self-perception.

Personal Experiences and Peer Relationships: which continuously redefine how individuals see themselves.

The discussion then transitioned to the different types of peer relationships we engage in throughout our lives:

1. Friendships: close, personal bonds that influence emotional well-being and self-esteem.

2. Cliques: small, exclusive groups that impact social behaviour and group identity.

3. Larger Social Groups: broader networks that help shape collective norms and behaviours.

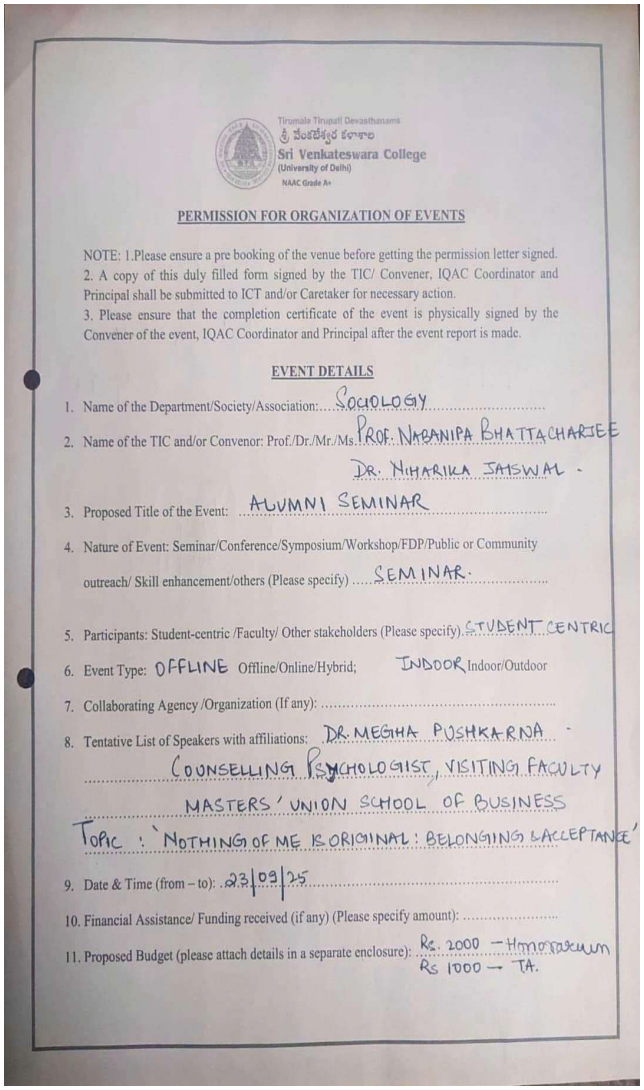
4

The seminar was highly interactive, with Dr. Megha encouraging participants to reflect and engage throughout. It prompted everyone to question their sense of identity and recognize the deep connection between their environment, peer relationships, and self-concept.

The session concluded with a vote of thanks delivered by Rishabh, who expressed his heartfelt gratitude on behalf of the Department, to Dr. Megha Pushkarna for her enlightening session, and to all participants for their enthusiastic involvement.

Overall, the session provided profound insights into how identity is not static but continuously shaped by our interactions, experiences, and sense of belonging. It was an enlightening and introspective experience for all participants.

PERMISSION LETTER



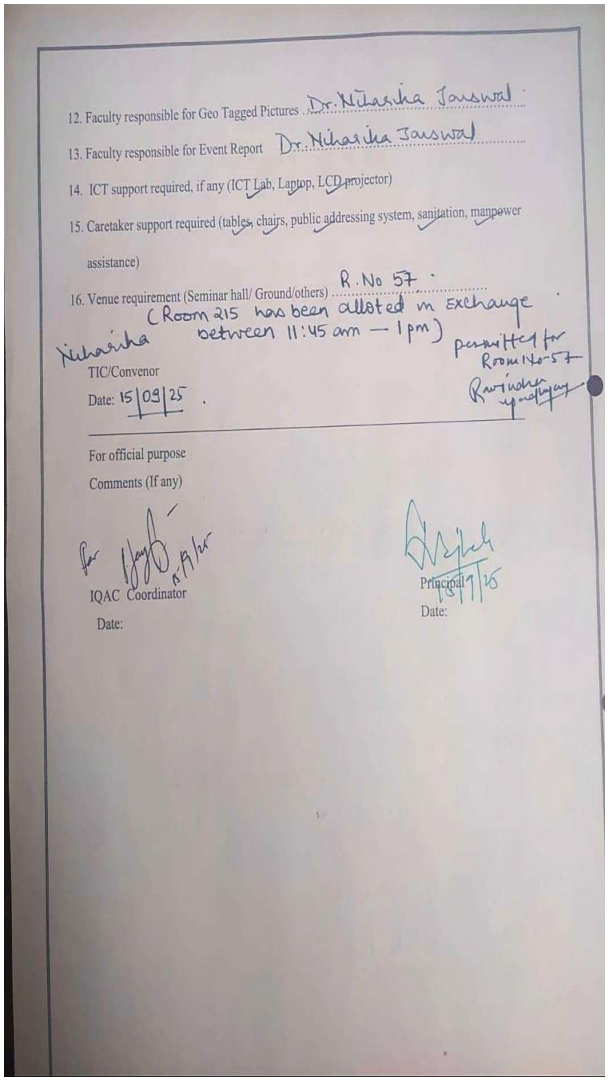
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PERMISSION FOR ORGANIZATION OF EVENTS

NOTE: 1.Please ensure a pre booking of the venue before getting the permission letter signed.
2. A copy of this duly filled form signed by the TIC/ Convener, IQAC Coordinator and Principal shall be submitted to ICT and/or Caretaker for necessary action.
3. Please ensure that the completion certificate of the event is physically signed by the Convener of the event, IQAC Coordinator and Principal after the event report is made.

EVENT DETAILS

1. Name of the Department/Society/Association: SOCIOLOGY
2. Name of the TIC and/or Convenor: Prof./Dr./Mr./Ms. PROF. NABANIPA BHATTACHARJEE
   DR. NIHARIKA JAISWAL
3. Proposed Title of the Event: ALUMNI SEMINAR
4. Nature of Event: Seminar/Conference/Symposium/Workshop/FDP/Public or Community outreach/ Skill enhancement/others (Please specify) ....SEMINAR.
5. Participants: Student-centric /Faculty/ Other stakeholders (Please specify) STUDENT CENTRIC
6. Event Type: OFFLINE Offline/Online/Hybrid; INDOOR Indoor/Outdoor
7. Collaborating Agency /Organization (If any): .....
8. Tentative List of Speakers with affiliations: DR. MEGHA PUSHKARNA
   COUNSELLING PSYCHOLOGIST, VISITING FACULTY
   MASTERS' UNION SCHOOL OF BUSINESS
   TOPIC : 'NOTHING OF ME IS ORIGINAL : BELONGING & ACCEPTANCE'
9. Date & Time (from – to): 23/09/25
10. Financial Assistance/ Funding received (if any) (Please specify amount): .....
11. Proposed Budget (please attach details in a separate enclosure): Rs. 2000 – Honorarium
    Rs 1000 – TA.



12. Faculty responsible for Geo Tagged Pictures Dr. Niharika Jaiswal
13. Faculty responsible for Event Report Dr. Niharika Jaiswal
14. ICT support required, if any (ICT Lab, Laptop, LCD projector)
15. Caretaker support required (tables, chairs, public addressing system, sanitation, manpower assistance)
16. Venue requirement (Seminar hall/ Ground/others) R. No 57.
    (Room 215 has been allotted in exchange between 11:45 am – 1pm)
    permitted for Room No-57

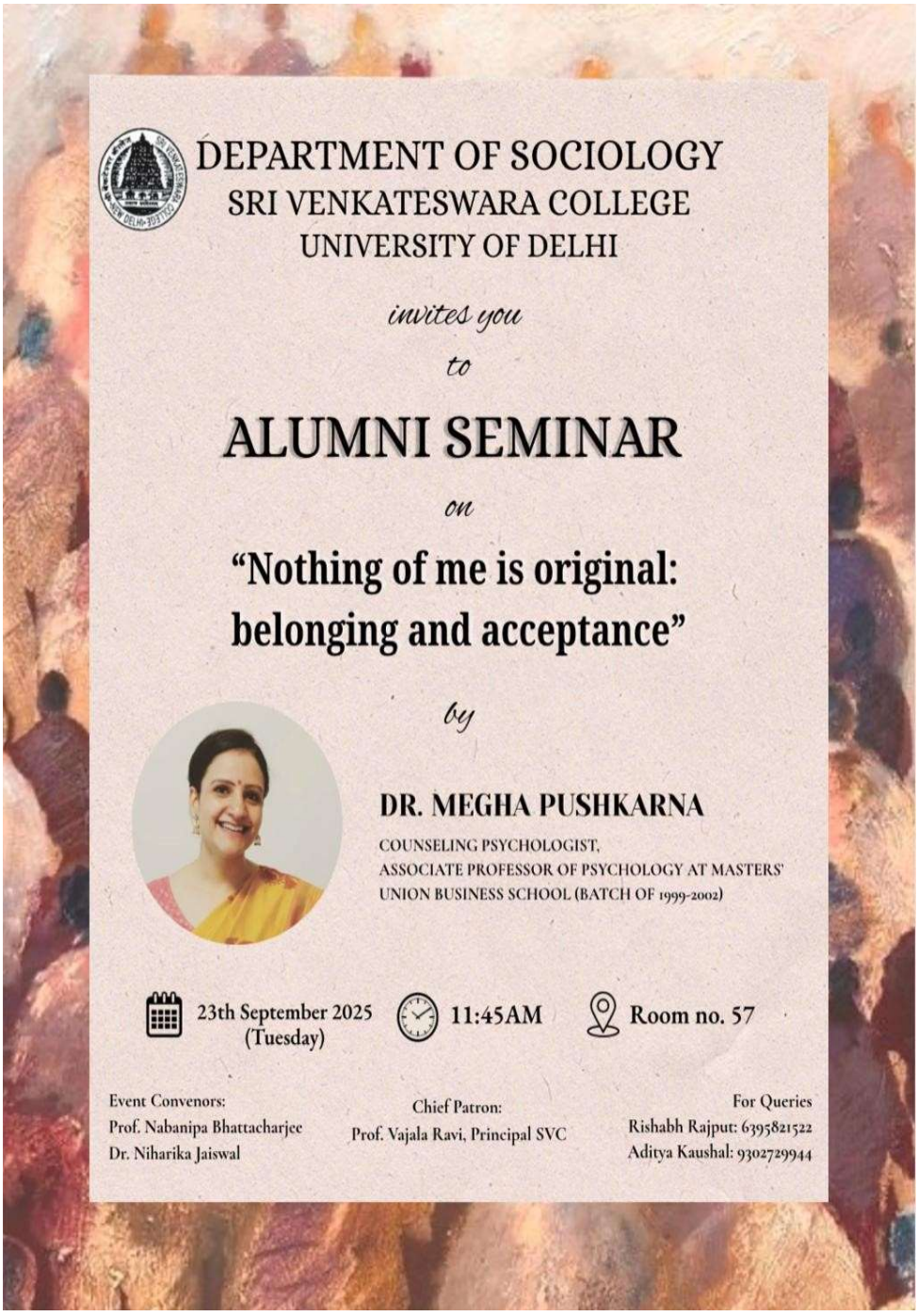
Niharika
TIC/Convenor
Date: 15/09/25

For official purpose
Comments (If any)

for
IQAC Coordinator
Date:

Principal
15/9/25
Date:

POSTER


DEPARTMENT OF SOCIOLOGY
SRI VENKATESWARA COLLEGE
UNIVERSITY OF DELHI
invites you
to
ALUMNI SEMINAR
on
"Nothing of me is original:
belonging and acceptance"
by
DR. MEGHA PUSHKARNA
COUNSELING PSYCHOLOGIST,
ASSOCIATE PROFESSOR OF PSYCHOLOGY AT MASTERS' UNION BUSINESS SCHOOL (BATCH OF 1999-2002)
23th September 2025
(Tuesday)
11:45AM
Room no. 57
Event Convenors:
Prof. Nabanipa Bhattacharjee
Dr. Niharika Jaiswal
Chief Patron:
Prof. Vajala Ravi, Principal SVC
For Queries
Rishabh Rajput: 6395821522
Aditya Kaushal: 9302729944

PHOTOGRAPHS

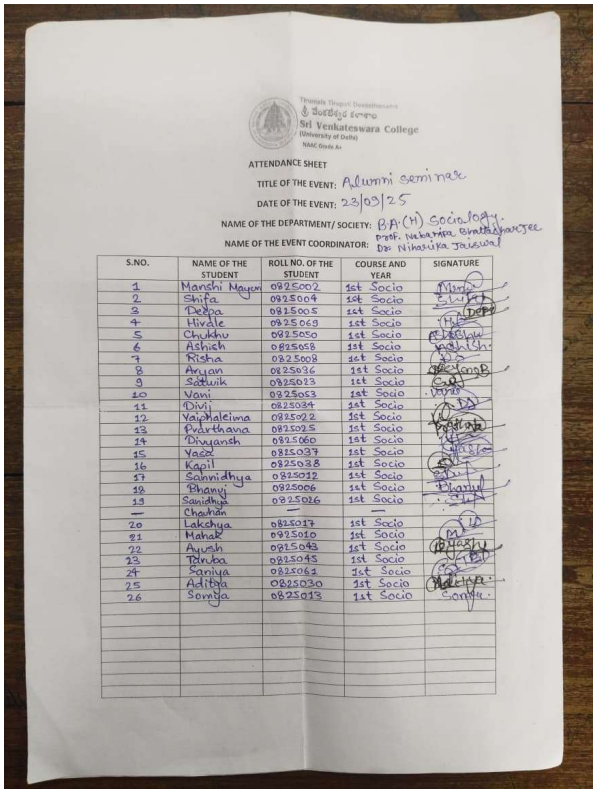





GPS Map Camera
New Delhi,Delhi,India
Block A, Dhaula Kuan, New Delhi, Delhi 110021, India
Lat 28.588960, Long 77.166895
09/23/2025 12:54 PM GMT+05:30
Note : Captured by GPS Map Camera


GPS Map Camera
New Delhi,Delhi,India
Block A, Dhaula Kuan, New Delhi, Delhi 110021, India
Lat 28.588959, Long 77.166924
09/23/2025 12:50 PM GMT+05:30
Note : Captured by GPS Map Camera

ATTENDANCE



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ATTENDANCE SHEET

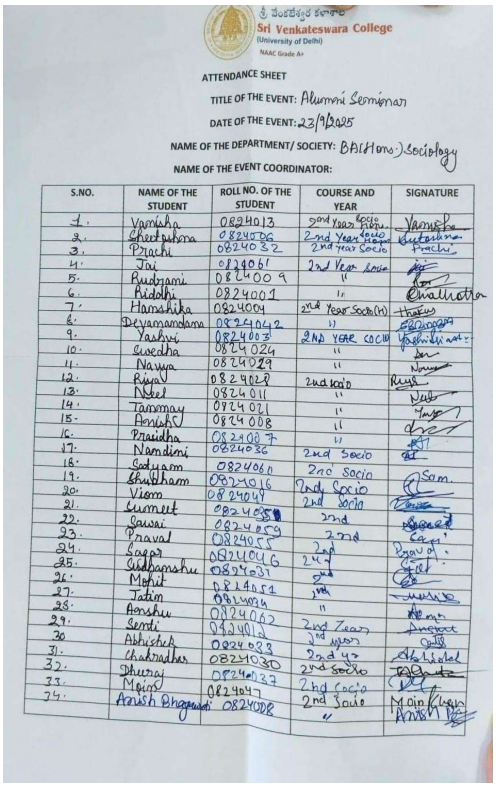
TITLE OF THE EVENT: Alumni seminar

DATE OF THE EVENT: 23/09/25

NAME OF THE DEPARTMENT/ SOCIETY: B.A(H) Sociology.

NAME OF THE EVENT COORDINATOR: Prof. Nabanita Bhattacharjee, Dr. Nihasika Jaiswal

S.NO.	NAME OF THE STUDENT	ROLL NO. OF THE STUDENT	COURSE AND YEAR	SIGNATURE
1	Manshi Mayur	0825002	1st Socio	
2	Shifa	0825004	1st Socio	
3	Deepa	0825005	1st Socio	
4	Hivale	0825069	1st Socio	
5	Chukhu	0825050	1st Socio	
6	Ashish	0825058	1st Socio	
7	Risha	0825008	1st Socio	
8	Aryan	0825036	1st Socio	
9	Sathvik	0825023	1st Socio	
10	Vani	0825053	1st Socio	
11	Divij	0825054	1st Socio	
12	Vaiphaleima	0825022	1st Socio	
13	Prarthana	0825025	1st Socio	
14	Divyansh	0825060	1st Socio	
15	Yash	0825037	1st Socio	
16	Kapil	0825038	1st Socio	
17	Sannidhya	0825032	1st Socio	
18	Bhanvi	0825006	1st Socio	
19	Sanidhya	0825026	1st Socio	
—	Chahan	—	—	
20	Lakshya	0825017	1st Socio	
21	Mahak	0825010	1st Socio	
22	Ayush	0825042	1st Socio	
23	Tanuka	0825045	1st Socio	
24	Saniya	0825061	1st Socio	
25	Aditya	0825030	1st Socio	
26	Somya	0825013	1st Socio	



Sri Venkateswara College
(University of Delhi)
NAAC Grade A+

ATTENDANCE SHEET

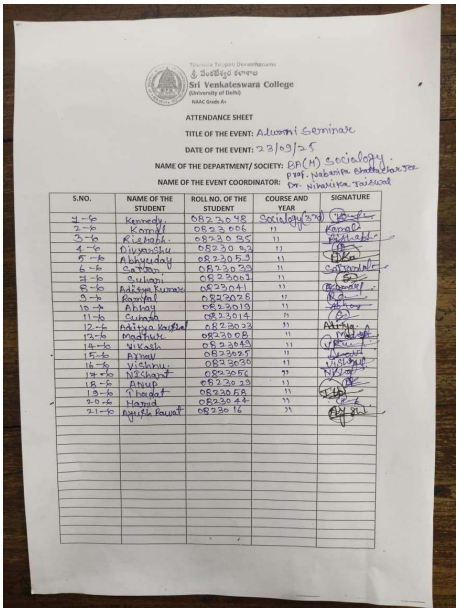
TITLE OF THE EVENT: Alumni Seminar

DATE OF THE EVENT: 23/9/2025

NAME OF THE DEPARTMENT/ SOCIETY: BA(Hons) Sociology

NAME OF THE EVENT COORDINATOR:

S.NO.	NAME OF THE STUDENT	ROLL NO. OF THE STUDENT	COURSE AND YEAR	SIGNATURE
1.	Vanisha	0824013	2nd Year Socio	
2.	Shreshtha	0824006	2nd Year Socio	
3.	Prachi	0824032	2nd Year Socio	
4.	Jai	0824061	2nd Year Socio	
5.	Pushpani	0824009	"	
6.	Riddhi	0824001	"	
7.	Hamshika	0824004	2nd Year Socio(H)	
8.	Devanandana	0824042	"	
9.	Yashvi	0824003	2ND YEAR SOCIO	
10.	Swedha	0824024	"	
11.	Navya	0824029	"	
12.	Riyal	0824028	2nd Socio	
13.	Nikel	0824011	"	
14.	Tanmay	0824021	"	
15.	Anshi	0824008	"	
16.	Praiddha	0824007	"	
17.	Nandini	0824036	2nd Socio	
18.	Satyam	0824060	2nd Socio	
19.	Shubham	0824016	2nd Socio	
20.	Viom	0824047	2nd Socio	
21.	Sumeet	0824058	2nd	
22.	Jaswal	0824059	2nd	
23.	Pravel	0824055	2nd	
24.	Sapna	0824064	2nd	
25.	Siddhanshu	0824046	2nd	
26.	Mohit	0824031	2nd	
27.	Tatin	0824054	2nd	
28.	Harshu	0824034	"	
29.	Sendi	0824062	2nd Year	
30	Abhishek	0824012	2nd Year	
31.	Chakradhar	0824033	2nd Yr	
32.	Dhuraj	0824030	2nd Socio	
33.	Mojis	0824037	2nd Socio	
34.	Anish Bhagwati	0824047	2nd Socio	



Sri Venkateswara College
(University of Delhi)
NAAC Grade A+

ATTENDANCE SHEET

TITLE OF THE EVENT: Alumni Seminar

DATE OF THE EVENT: 23/09/25

NAME OF THE DEPARTMENT/ SOCIETY: BA(H) sociology.

NAME OF THE EVENT COORDINATOR: Prof. Nabanita Bhattacharjee, Dr. Nihasika Jaiswal

S.NO.	NAME OF THE STUDENT	ROLL NO. OF THE STUDENT	COURSE AND YEAR	SIGNATURE
4-6	Kennedy	08230048	Sociology(H)	
2-6	Kanvi	08230061	"	
3-6	Rishabh	08230035	"	
4-6	Divyanshu	08230032	"	
5-6	Abhyuday	08230053	"	
6-6	Sattam	08230030	"	
7-6	Sulumi	08230062	"	
8-6	Aditya kumar	08230041	"	
9-6	Ramjal	08230028	"	
10-6	Abhay	08230019	"	
11-6	Sumit	08230046	"	
12-6	Aditya Kapila	08230022	"	
13-6	Madhur	08230068	"	
14-6	Vivek	08230065	"	
15-6	Ajay	08230025	"	
16-6	Vishnu	08230070	"	
17-6	Nishant	08230060	"	
18-6	Anup	08230023	"	
19-6	Thapat	08230058	"	
20-6	Hamid	08230044	"	
21-6	Ayush Rawat	08230016	"	

FEEDBACK FORM [ANALYSIS]

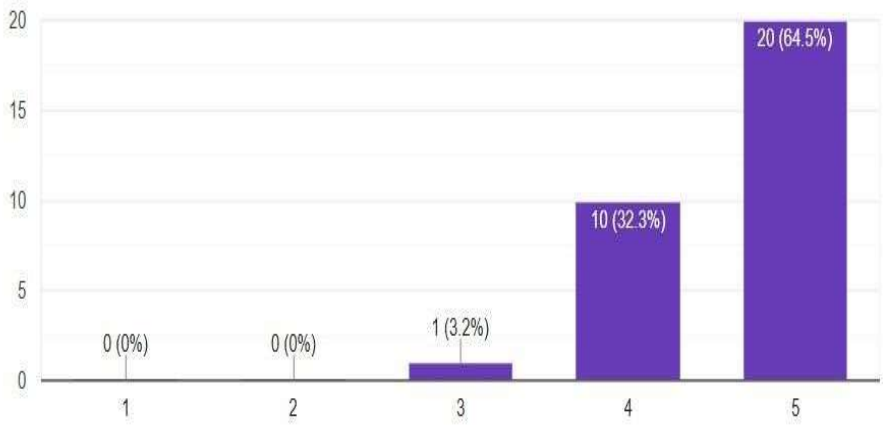
How satisfied were you with the event overall?(Line	What did you like most about the event?	What did you like least about the event?	Was the seminar today engaging?	What could be improved for the next event?
4	Very interactive	Very humid atmosphere	Yes	Refreshments should be given
5	The confidence level of guest teacher (psycho	Ntng	Yes	Room
5	The interaction of the guest with the student	Everything was good	Yes	Ig the room facilities
5	How everything was well organised	Nothing	Yes	For me, definitely a room where AC works
5	That it was very interactive and relatable	Nothing as such	Yes	Nothing as such
5	The excellent interactive session by the speak	The room assigned for the event.	Yes	Probably a better room and sound system
4	Interactive	None	Yes	Everything was satisfactory
5	Crowd engagement	NA	Yes	Better room
5	all things	Nothing	Yes	All good
5	I love how it was very interactive and very insig	Nothing, but the last bench students were mal	Yes	-
5	The interaction between speaker and students	Nothing	Yes	Mic system
4	The session was offline and was interactive ar		Yes	The room was very hot
5	It was fun and interactive		Yes	More based on sociology as compared to other
5	The session was very interactive.. doesn't feel	Nothing, everything was perfect	Yes	AC and other stuffs.. have to make sure that eve
5	Dr. Pushkarna	Temperature of the venue of course	Yes	Cooler temperature
5	I really liked the idea of the entire event. To me	The event was short.	Yes	-
5	Engaging session		Yes	Extended time limit for question answer session
4	Explanation	Nothing else	Yes	Time Management
5	The alumni had amazing insights	The AC was not working, the table was not cle	Yes	Better communication and arrangements
4	Queries were solved		Yes	Seating capacity in seminar hall
5	It was very interactive.	-	Yes	-
4	Event is well managed		Yes	Good room
5	The speaker's enthusiasm	The duration could've been longer... Like she c	Yes	Duration should be longer
5	Confidence of the speaker	Nothing	Yes	Space
5	The event was very informative and good.		Yes	Nothing as such
4	Speaker engage everyone which not make eve	Nothing else	Yes	Time management
3	Question	AC was not working	Yes	Timing
5	Vary interacting Liked the active and fun nature of alumini	It was too short	Yes	It was perfect
4	Her way of interaction		Yes	Venue
4	conversation skill of speaker		Yes	participation of first year
4	Interaction part in the beginning	Some answers from the mam to the question	Yes	Give real answers to the questions

How was the communication before the event (invi	Do you want more such seminar to be organised in	Suggestions for the future Alumni Seminar ?	Is there anything else you'd like to share with us(cc
1	Yes	Should be interactive like this seminar	No
4	Yes	Na	Na
5	Yes	Nope	Everything was good according to me
5	Yes	NA	Today's event was very engaging
5	Yes	They should be interactive like the one today	Nothing
4	Yes	Longer interactive sessions and q/a sessions	Very well conducted
5	Yes	None	None
2	Yes	None	None
5	Yes	NA	NA
1	Yes	Someone who has done research on politics and re	No
5	Yes	The alumni should giving insights of real work-life	Management team was good ,they actually took efl
4	Yes	Should be interactive	The event was overall nice and well organized
5	Yes	Alumni on those who have succeeded with pure so	Not applicable
5	Yes	It was osm, just maintain this	No
5	Yes	Rather not say	N/a
5	Yes	Definitely to bring in more people of the departmen	--
5	Yes	Should be conducted more frequently in offline mo	Nine
4	Yes	More Interesting	No
1	Yes	Bring diverse people	Please conduct these sessions
5	Yes	Niharika ma'am	Nothing
5	Yes	-	-
4	Yes	Keep it up	No
5	Yes	No	No
3	Yes	Nothing everything was perfect	No
5	Yes	Nothing	No
4	Yes	More engaging	No
3	Yes	Nothing	No
4	Yes	Maybe more time given to speak for the alumini	Nothing
3	Yes	Civil servants	Her knowledge
4	Yes	maintenance of room	everything was good
4	Yes	No	It's a helpfull topic

How satisfied were you with the event overall?(Linear scale: 1 = Poor, 5 = Excellent)

Copy chart

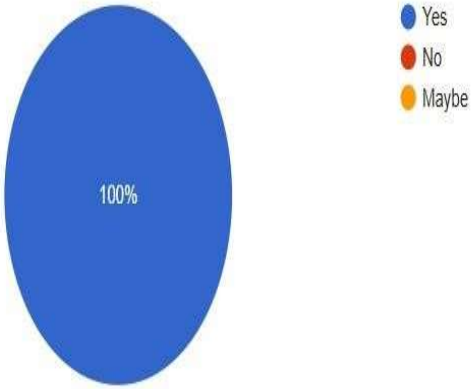
31 responses



Was the seminar today engaging?

Copy chart

31 responses



EVENT COMPLETION CERTIFICATE



श्री वेंकटेश्वर कॉलेज
Sri Venkateswara College
(University of Delhi)
NAAC Grade A+

समापन प्रमाण पत्र
COMPLETION CERTIFICATE

यह प्रमाणित किया जाता है कि **ALUMNI SEMINAR** को **23 सितंबर 2025** को **11:45 पूर्वाह्न** से **12:45 अपराह्न** तक **समाजशास्त्र विभाग** द्वारा **ऑफ़लाइन** माध्यम में सफलतापूर्वक आयोजित किया गया और इस कार्यक्रम की रिपोर्ट अभिलेख के लिए आंतरिक गुणवत्ता आश्वासन प्रकोष्ठ (IQAC) को जमा कर दी गई है।

This is to certify that the **ALUMNI SEMINAR** was successfully conducted on **23 SEPTEMBER 2025** from **11:45 am** to **12:45 pm** by **Department of Sociology** in the **Offline** mode and its event report has been submitted to IQAC for records.

Event-in-Charge

IQAC Coordinator

Coordinator, IQAC
Sri Venkateswara College
(University of Delhi)

Principal