



Tirumala Tirupati Devasthanams

శ్రీ వేంకటేశ్వర కళాశాల

**Sri Venkateswara College**

(University of Delhi)

NAAC Grade A+

**SRI VENKATESWARA COLLEGE  
(UNIVERSITY OF DELHI)**

**EVENT REPORT**

<b>NAME OF THE EVENT: INAYAT</b>			
<b>DATE</b>	<b>DEPARTMENT</b>	<b>COMMITTEE/SOCIETY</b>	<b>COORDINATORS' NAME</b>
22nd April 2024	N.A.	Empathise- the Mental Health Society	Dr. Ritika Singh
<b>TIME</b>	<b>VENUE</b>	<b>NUMBER OF PARTICIPANTS</b>	<b>NATURE: Outdoor/Indoor; online/offline/hybrid</b>
11 AM to 4 PM	Room 302, Rock garden and auditorium lobby	45	Offline
<b>FINANCIAL SUPPORT/ASSISTANCE (if any):</b>	Yes: Youth for Mental Health (monetary and title sponsor) Partnerships: World Federation for Mental Health, DU Beat, Amaha		

**BRIEF INFORMATION ABOUT THE ACTIVITY**

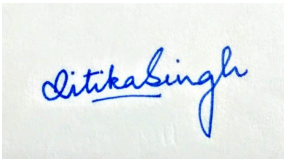
<b>TOPIC/SUBJECT OF THE ACTIVITY</b>	<b>Under INAYAT: Mental Health Conclave of Sri Venkateswara College:</b> <ol style="list-style-type: none"><li><b>1. Panel discussion- Navigating Mental Health through Adulthood</b></li><li><b>2. Dance movement therapy session</b></li><li><b>3. Stalls</b></li><li><b>4. Performances</b></li></ol>
<b>OBJECTIVES</b>	Mental health conclave
<b>METHODOLOGY</b>	Panel discussions on topics related to mental health
<b>INVITED SPEAKERS WITH AFFILIATION DETAILS (IF ANY)</b>	Jyotsana R: Expressive Arts Therapist Sanjana Jain: Mental Health Facilitator Yashvi Bhatnagar: Dance Movement Therapist Hitesh: Founder@ Youth for Mental Health (NGO)

<b>OUTCOMES</b>	<ul style="list-style-type: none"> <li>● Raising awareness on mental health topics</li> <li>● Exploring therapeutic methods such as expressive arts and dance</li> <li>● Peer to peer support and guidance</li> </ul>
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**PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):**

1 Notice & Letters  ✓	2 Number of Participants & Name of participants  ✓	3 Video clip	4 Photos  ✓	5 Feedback Form & analysis
6 News clip with details	7 Sample Copy of the Certificate  ✓	8 Posters/ Invites  ✓	9 Event report Attested by Event Coordinator & IQAC Coordinator	10 Any other document

IQAC Document No: SVC/IQAC/EMP/2024-25/April 2023	Criterion No: I, IV and VII
Departmental file no: SVC/Empathise/2023-24/April 2023/01	IQAC file No: 2023-24

NAME OF TEACHER & SIGNATURE	NAME OF HEAD/ COMMITTEE INCHARGE & SIGNATURE	IQAC COORDINATOR (SEAL & SIGNATURE)
Dr. Ritika Singh	Dr. Ritika Singh  	


For Reference

Criterion I	Curricular Aspects (planning & Implementation)		Criterion V	Student Support & Progression
Criterion II	Teaching Learning & Evaluation		Criterion VI	Governance
Criterion III	Research, Innovations & Extension		Criterion VII	Institutional Values & Best Practices
Criterion IV	Learning Resources and Infrastructure			

**PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):**

1. Number of Participants & Name of participants:

Panel discussion:


  
 Sri Venkateswara College  
 UNIVERSITY OF GURU  
 VEDIC COLLEGE

ATTENDANCE SHEET

TITLE OF THE EVENT: Panel discussion: Navigating mental health through adulthood  
 DATE OF THE EVENT: 22/04/2024  
 NAME OF THE DEPARTMENT/SOCIETY: Sanyasini  
 NAME OF THE EVENT COORDINATOR: Dr. Ritika Singh

S.NO.	NAME OF THE STUDENT	ROLL NO. OF THE STUDENT	COURSE AND YEAR	SIGNATURE
1	Harsha	0211058	B.A.(H) English III	[Signature]
2	Sriyani VS	1021109	B.A.(H) English III	[Signature]
3	Nayana	1211001	B.Sc.(H) Maths	[Signature]
4	Sudha	0822003	B.A.(H) Hindi	[Signature]
5	Varad	1222004	B.Sc.(H) Zoology	[Signature]
6	Varad	1222004	B.Sc.(H) Zoology	[Signature]
7	Arjun	1322008	B.Sc.(H) Zoology	[Signature]
8	Arjun	1322008	B.Sc.(H) Zoology	[Signature]
9	Madhavi	1121001	B.A.(H) Hindi	[Signature]
10	Madhavi	1121001	B.A.(H) Hindi	[Signature]
11	Aranya Datta	1222002	B.Sc.(H) Zoology	[Signature]
12	Nayana	1222002	B.Sc.(H) Zoology	[Signature]
13	Nayana	1222002	B.Sc.(H) Zoology	[Signature]
14	Nayana	1222002	B.Sc.(H) Zoology	[Signature]
15	Rishi Roy	0221008	B.A.(H) Hindi	[Signature]
16	Rishi Roy	0221008	B.A.(H) Hindi	[Signature]
17	Disha	0222002	B.Sc.(H) Zoology	[Signature]
18	Madhavi	1121001	B.A.(H) Hindi	[Signature]
19	Rishi Roy	0221008	B.A.(H) Hindi	[Signature]
20	Rishi Roy	0221008	B.A.(H) Hindi	[Signature]
21	Nishanka	2022013	B.Sc.(H) Zoology	[Signature]
22	Aranya	1021017	B.A.(H) Hindi	[Signature]
23	Aranya	1021017	B.A.(H) Hindi	[Signature]
24	Aranya	1021017	B.A.(H) Hindi	[Signature]
25	Aranya	1021017	B.A.(H) Hindi	[Signature]
26	Sudha	0211001	B.A.(H) Hindi	[Signature]
27	Sudha	0211001	B.A.(H) Hindi	[Signature]
28	Sudha	0211001	B.A.(H) Hindi	[Signature]
29	Sudha	0211001	B.A.(H) Hindi	[Signature]
30	Rishi Roy	0221008	B.A.(H) Hindi	[Signature]
31	Sanyasi	0623017	B.A.(H) Hindi	[Signature]
32	Rishi Roy	0221008	B.A.(H) Hindi	[Signature]
33	Rishi Roy	0221008	B.A.(H) Hindi	[Signature]
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39	Rishi Roy	0221008	B.A.(H) Hindi	[Signature]
40	Rishi Roy	0221008	B.A.(H) Hindi	[Signature]
41	Rishi Roy	0221008	B.A.(H) Hindi	[Signature]

42	Chandana	1121156	B.Sc. Life Sci.	[Signature]
43	Aranya	1422017	B.Sc. Botany	[Signature]
44	Sanyasi	1022004	B.Sc. Botany	[Signature]
45	Aranya	1022004	B.Sc. Botany	[Signature]
46	Aranya	1121157	B.Sc. Life Sci.	[Signature]


Volunteers for stalls:



LIST OF VOLUNTEERS FOR 22 APRIL 2024	
Full Name	College
Aanchal Kohli	Ambedkar University
Alvi Choudhary	Lakshmbai College
Ambica Nagpal	Shyama prasad mukherjee college
Anya Aggarwal	Vivekananda College
Axshita Sharma	Jesus and Mary College
Depanshu	Ramjas College
Dishita Sharma	Jesus and Mary College
Gauri Sengar	Motilal nehru college
Hazel Eliza Sojan	Jesus and Mary College
Himanshi Khurana	Shaheed rajguru college
Hridya Prabhakar	JIMS
Ira Ramachandruni	Lady Shri Ram College
Jagriti Puri	Vivekananda College
Jai Shree Minocha	Zakir Husain College
Janvi Khadelwal	Dual Degree Student @Duke University and Duke Kunshan University
Janya Goyal	Lady Shri Ram College for Women
Jhanvi Swaroop	Daulat Ram College
Khushi Joshi	Lady Shri Ram College
Lavanya	University of Delhi
Manya Makhija	Mata Sundri College
Nandini Singh	Lakshmbai College
Nishta Saxena	Vivekananda College for Women
Priyanshi Sabharwal	Lakshmbai college
Sayani Chakraborty	Daulat Ram College
Shreejata Pal	Jesus and Mary College
Siddhi Gothi	Lady Shri Ram College for Women
Sneha Soni	Jesus and Mary College
Tansuri Joshi	Jesus and Mary College
Tushar	Shyam Lal College
Urvi Jain	Daulat Ram College

Zeenat Jahan	Lakshmbai college
Manya Arora	Lakshmbai college
Jhalak Sharma	Lakshmbai college
Antra Gupta	Lakshmbai college
Misha Aqil	Lakshmbai college
Nandini Jain	Lakshmbai college

## 2. Permission Letters:


  
 Sri Venkateswara College  
 (University of Delhi)  
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
**PERMISSION FOR ORGANIZATION OF EVENTS**


NOTE: 1. Please ensure that the completion certificate of the event is physically signed by the Convener of the event, IQAC Coordinator and Principal after the event report is made.  
 2. Please ensure a pre booking of the venue before getting the permission letter signed.  
 3. A copy of this duly filled form signed by the TIC/ Convener and Principal shall be submitted to ICT sysadmin@svc.ac.in, Caretaker sandeepthra@svc.ac.in, IQAC Coordinator iqac@svc.ac.in, Dr. Arpita Kaul arpita@svc.ac.in for commerce, NSS, NCC, EOC, Empathise, Placement and Sports events, Dr. Urmi urmi.b@svc.ac.in for humanities events, Dr. P. Jayaraj jayaraj@svc.ac.in for sciences events. (Mails mentioned in SOP) and Dr. Nagendra Kumar Kalaparthi nkalaparthi@svc.ac.in, for IQAC/ NAAC criteria 1-7.

**EVENT DETAILS**


- Name of the Department/Society /Association: **Empathise - Mental Health Society**
- Name of the TIC/Convener (if any): **Dr. Ritika Singh**
- Nature of Event: Seminar/Conference/Symposium/Workshop/FDP/Public or community outreach/ skill enhancement/others: **Public Outreach**
- Participants: **Both** Student-centric /Faculty/Both
- Event Type: **Offline, Indoor** Offline/Online/Hybrid; Indoor/Outdoor
- Collaborating Agency /Organization: **N.A.**
- Proposed Title of the Event: **Empathise Mental Health Conclave (To be finalised)**
- Tentative List of Speakers with affiliations: **Tentative (to be finalised)**
- Date, Time from to : **22 April, 2024: 10:00 am to 4:30 pm**
- Financial Assistance/ Funding received (if any) **N.A. (to be finalised)**
- Proposed Budget (please attach details in a separate enclosure):
- Faculty responsible for Geo Tagged Pictures: **Dr. Ritika Singh**
- Faculty responsible for Event Report: **Dr. Ritika Singh**
- ICT support required, if any (ICT Lab, Laptop, LCD projector) - **NA**

- Caretaker support required (tables) chairs, public addressing system, sanitation, manpower assistance) - **Public Addressing System (Mic, Speaker), 10 desks, 10 chairs, 3 poster boards**
- Room requirement (Seminar/ any other): **Area outside auditorium and Rock Garden**

  
**Dr. Ritika Singh**  
 Name & Signature of TIC/Convener

  
 Signature of Principal

Date: **15/04/2024** Date:


  
 Sri Venkateswara College  
 (University of Delhi)  
 NAAC Grade A+


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
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- Nature of Event: Seminar/Conference/Symposium/Workshop/FDP/Public or community outreach/ skill enhancement/others: **Panel Discussion**
- Participants: **Both** Student-centric /Faculty/Both
- Event Type: **Offline, Indoor** Offline/Online/Hybrid; Indoor/Outdoor
- Collaborating Agency /Organization: **N.A.**
- Proposed Title of the Event: **Empathise Mental Health Conclave (To be finalised)**
- Tentative List of Speakers with affiliations: **Tentative (to be finalised)**
- Date, Time from to : **22 April, 2024: 11:00 am to 1 pm**
- Financial Assistance/ Funding received (if any) **N.A. (to be finalised)**
- Proposed Budget (please attach details in a separate enclosure):
- Faculty responsible for Geo Tagged Pictures: **Dr. Ritika Singh**
- Faculty responsible for Event Report: **Dr. Ritika Singh**
- ICT support required, if any (ICT Lab, Laptop, LCD projector) - **LCD Projector**

- Caretaker support required (tables, chairs, public addressing system, sanitation, manpower assistance) - **Public Addressing System**
- Room requirement (Seminar/ any other): **Room 302**

  
**Dr. Ritika Singh**  
 Name & Signature of TIC/Convener

  
 Signature of Principal

Date: **15/04/2024** Date:

*No bits or any kind of movie pics*

### 3. Geo-tagged photos:













#### 4. Videos:

[https://drive.google.com/file/d/15an3u8j4\\_P9Hv2sW7EaXJj78YQHdReur/view?usp=drive\\_link](https://drive.google.com/file/d/15an3u8j4_P9Hv2sW7EaXJj78YQHdReur/view?usp=drive_link)

[https://drive.google.com/file/d/11f508NY5Sd8boCB6BtBC8A49d2LA9nbN/view?usp=drive\\_link](https://drive.google.com/file/d/11f508NY5Sd8boCB6BtBC8A49d2LA9nbN/view?usp=drive_link)

[https://drive.google.com/file/d/1TrbgS51PRQMwp0nf5xyegGyFC7IabuXb/view?usp=drive\\_link](https://drive.google.com/file/d/1TrbgS51PRQMwp0nf5xyegGyFC7IabuXb/view?usp=drive_link)

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[https://drive.google.com/file/d/1Pp8UEjxjLTQvKIPyO8gdfTTLSoFC\\_HRT/view?usp=drive\\_link](https://drive.google.com/file/d/1Pp8UEjxjLTQvKIPyO8gdfTTLSoFC_HRT/view?usp=drive_link)

[https://drive.google.com/file/d/1KgrK9AJdU8IvjmV8RwG5ExyRVi6AFoE/view?usp=drive\\_link](https://drive.google.com/file/d/1KgrK9AJdU8IvjmV8RwG5ExyRVi6AFoE/view?usp=drive_link)

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[https://drive.google.com/file/d/1uWRdmx5MSEpK3Nb26R7B8inZie\\_hsS\\_/view?usp=drive\\_link](https://drive.google.com/file/d/1uWRdmx5MSEpK3Nb26R7B8inZie_hsS_/view?usp=drive_link)

[https://drive.google.com/file/d/1-3vZzhhFemvbXjm7RMFCLGnqSpqdfGWn/view?usp=drive\\_link](https://drive.google.com/file/d/1-3vZzhhFemvbXjm7RMFCLGnqSpqdfGWn/view?usp=drive_link)

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[https://drive.google.com/file/d/1o2rMJzi7gBpYGHYLZBfr7K4mImSgRSvK/view?usp=drive\\_link](https://drive.google.com/file/d/1o2rMJzi7gBpYGHYLZBfr7K4mImSgRSvK/view?usp=drive_link)

[https://drive.google.com/file/d/1qc1fSwBR5NptamSwFeG4N3fVVGJ5Doce/view?usp=drive\\_link](https://drive.google.com/file/d/1qc1fSwBR5NptamSwFeG4N3fVVGJ5Doce/view?usp=drive_link)

#### Further videos:

<https://drive.google.com/file/d/1qc1fSwBR5NptamSwFeG4N3fVVGJ5Doce/view?usp=sharing>

#### 5. Posters:





## Panel Discussion

**Jyotsna R.**  
Expressive Arts Therapy Practitioner

**Sanjana Jain**  
Mental Health Facilitator

**Dr. Ritika Singh**  
Convenor, Empathise

## Dance Therapy

**Yashvi Bhatnagar**  
Dance Movement Psychotherapist

## STALLS

AT  
INAYAT

## PERFORMING

AT  
INAYAT

**Alaap SVC**

**Crescendo SVC**

**NRITYA**  
THE CHOREOGRAPHY SOCIETY

**Nritya SVC**



Empathise - The Mental Health Society

Sri Venkateswara College



-presents-

**First Mental Health Conclave**



In collaboration with:



Register here:



Certificates will be provided!



svcempathise@gmail.com



@empathisesvc