



Tirumala Tirupati Devasthanams

శ్రీ వేంకటేశ్వర కళాశాల

**Sri Venkateswara College**

(University of Delhi)

NAAC Grade A+

**SRI VENKATESWARA COLLEGE  
(UNIVERSITY OF DELHI)**

**EVENT REPORT**





<b>NAME OF THE EVENT: A LIFE SKILL SESSION ON SELF CONSTRUCTION</b>			
<b>DATE</b>	<b>DEPARTMENT</b>	<b>COMMITTEE/SOCIETY</b>	<b>COORDINATORS' NAME</b>
12.09.2022	ELECTRONICS	ELECTRONICS	Dr Nutan Joshi, Dr Rakhi Narang
<b>TIME</b>	<b>VENUE</b>	<b>NUMBER OF PARTICIPANTS</b>	<b>NATURE: Outdoor/Indoor; online/offline/hybrid</b>
11.30 AM	Room 13(T1) SVC	36 (students), 9(faculty)	INDOOR, OFFLINE
<b>FINANCIAL SUPPORT/ASSISTANCE (if any):</b>	SVC		

**BRIEF INFORMATION ABOUT THE ACTIVITY**

<b>TOPIC/SUBJECT OF THE ACTIVITY</b>	<b>A LIFE SKILL SESSION ON SELF CONSTRUCTION</b>
<b>OBJECTIVES</b>	Self-awareness is an essential tool for understanding one's strengths and weaknesses. The individual can determine the available opportunities, understand the challenges and prepare to face possible threats. Life skills enable individuals to explore alternatives, weigh pros and cons and make rational decisions. The focus was to help students introspect, think critically, make rational decisions and help them overcome their challenges.
<b>METHODOLOGY</b>	The Invited speaker used presentation, demonstration and also creative art activities to engage students. Students were given situations and their reactions were noted and discussed. They were encouraged and motivated to share their experiences, challenges and fear, which helped them introspect and analyze their strengths and weaknesses.
<b>INVITED SPEAKERS WITH AFFILIATION DETAILS (IF ANY)</b>	<b>Ms Nandita Prakash, Education Advisor, Vice President, Private Schools and Children Welfare Association</b>

<b>OUTCOMES</b>	The session was successfully completed. The students actively participated in self-awareness related discussion fulfilling the objective of the event. The students were able to learn how to monitor their personal challenges and further find solutions to overcome them. This event helped them in mental relaxation, help them learn to overcome day to day challenges and build a road map for a better living.
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**PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):**

1 Notice & Letters	2 Number of Participants & Name of participants 	3 Video clip	4 Photos 	5 Feedback Form & analysis
6 News clip with details	7 Sample Copy of the Certificate	8 Posters/ Invites 	9 Event report Attested by Event Coordinator & IQAC Coordinator 	10 Any other document

IQAC Document No: IQAC/SVC/2022-2023/ELEC/02	Criterion No: III, V
Departmental file no: ELECTRONICS/2022-2023/02	IQAC file No: 2022-23

NAME OF TEACHER & SIGNATURE	NAME OF HEAD/ COMMITTEE INCHARGE & SIGNATURE	IQAC COORDINATOR (SEAL & SIGNATURE)
<b>Dr Rakhi Narang</b>	<b>Dr Nutan Joshi</b>	

For Reference

Criterion I	Curricular Aspects (planning & Implementation)	Criterion V	Student Support & Progression
Criterion II	Teaching Learning & Evaluation	Criterion VI	Governance
Criterion III	Research, Innovations & Extension	Criterion VII	Institutional Values & Best Practices
Criterion IV	Learning Resources and Infrastructure		

### Summary of the event

Almost everyone-students and teachers alike went through a lot of physical and mental challenges during the pandemic. The transition from an online to offline mode of teaching, learning and evaluation was also a big challenge to surpass. Resilience-the ability to withstand adversity and cope up with difficult and challenging life situations is a special skill which can be gradually developed and evolved.

This was an initiative by the Department of Electronics to create an awareness among the students towards the important Life Skills such as Resilience and Self construction through introspection, self-analysis, and realization.

During the session students were given situations and their reactions were noted. The activities helped them to do self-analysis in order to identify their positive and negative traits, draw their mountain of challenges & further build a road map to their future.

### Proofs

#### a. Poster

DEPARTMENT OF ELECTRONICS,  
SRI VENKATESWARA COLLEGE  
PRESENTS

A Life skill session  
on  
SELF  
CONSTRUCTION

By:  
MS. NANDITA PRAKASH  
(Education Advisor)

When: 12-09-2022  
11:45 AM - 1:45 PM

Where: ROOM No. 13 (T-1)

Looking forward to see you  
all!

Patron: Prof. C. Sheela Reddy (Principal)  
Convenor: Dr. Nutan Joshi  
Dr. Rakhi Narang  
Organising Committee: Dr. Sunita Jain, Dr. Neeru Kumar,  
Ms. Shubhra Gupta,  
Dr. Hari Singh, Dr. Neha Verma,  
Ms. Hina Yadav

## b. Geotagged Pictures





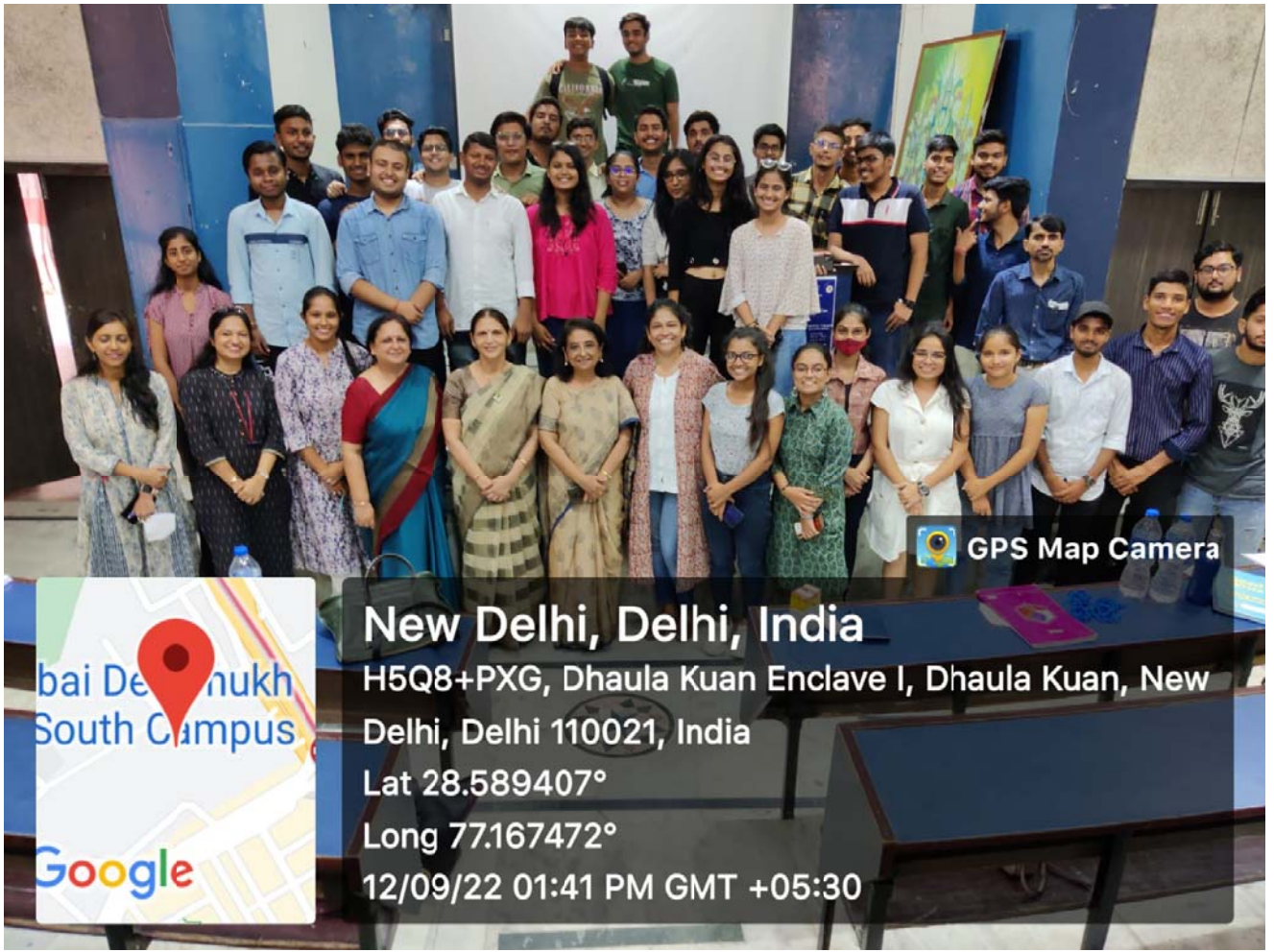
Seminar Hall  
New Delhi, India  
Dhaul Kuan, New Delhi, India  
09/12/2022 12:33 PM

New Delhi, DL, India  
Dhaul Kuan, New Delhi, 110021,  
Lat 28.589191, Long 77.167657  
09/12/2022 12:33 PM



Seminar Hall  
New Delhi, India  
Dhaul Kuan, New Delhi, India  
09/12/2022 12:09 PM

New Delhi, DL, India  
Dhaul Kuan, New Delhi, 110021,  
Lat 28.589253, Long 77.167428  
09/12/2022 12:09 PM



c. Attendance

Life Skills Session on Self Construction

Date - 12/09/2022

Attendance Sheet

S.No.	Name & Course	Roll No.	Sign
1.	Aastha (III year) B.Sc.(H) Electronics	1620025	<u>Aastha</u>
2.	Manya Kaushik B.Sc.(H) Electronics (III year)	1620008	<u>Manya</u>
3.	Sonalshi Singh BSC(H) Electronics (III year)	1620041	<u>Sif</u>
4.	Abhishek Thapa B.Sc (H) Electronics (III year)	1620048	<u>Abhishek</u>
5.	Shobhraj Sharma B.Sc.(H) Electronics (III year)	1620019	<u>Sh</u>
6.	Sourav Kumar (B.Sc (H) Electronics) (III year)		<u>Sourav</u>
7.	Pooshil Kumar (B.Sc Electronics) (III year)		<u>Pooshil Kumar</u>

- 8 Satvik Vashishtha III year 1620046 Satvik
- 9 Kanishk [B.Sc Hons Elect<sup>n</sup> III<sup>rd</sup> Year] 1620036 Kanishk
- 10 Tushar Swaroop [III<sup>rd</sup> year] 1620037 Tushar
11. Nishu Kumar III<sup>rd</sup> year 1620004 Nishu
12. Amandeep Kumar III<sup>rd</sup> year 1620040 Amandeep
13. Asthwa Tripathi III<sup>rd</sup> year 1620024 Asthwa
14. Rishi III<sup>rd</sup> year 1620002 Rishi
- 15) Pragath Rao III<sup>rd</sup> year 1620027 Pragath
- 16) Ashutosh III year 1620092 Ashutosh
- 17) Saurin III<sup>rd</sup> year 1620034 Saurin



18)	Cheshta Sharma [II <sup>nd</sup> year]	1621011	Cheshta Sharma
19)	Juli (II year)	1621019	Juli
20)	Nikita (II year)	1621028	Nikita
21)	Jauhavi (II year)	1621018	<del>Jauhavi</del>
22)	Mohit (II year)	1621025	Baini
23)	Rohit Singh (II year)	1621033	<del>Rohit</del>
24)	Adarsh Khosla (II year)	1621005	Adarsh
25)	dumit mishra (II year)	1621042	<del>Dumit</del>
26)	Sunny Kumar (II years)	1621043	Sunny Kumar
27)	Adarsh Maurya (II year)	1621002	<del>Adarsh Maurya</del>
28)	Krish khandelwal (II year)	1621022	Krish
29)	Rohit Kumar [II year]	1621034	<del>Rohit</del>
30)	Abhinav Pratap Singh [II Year]	1621001	<del>Abhinav</del>
31)	Spshita Tripathi [II Year]	1621047	Spshita
32)	Somnig Gupta [II year]	1621041	<del>Somnig</del>
33)	Khyatti Rana [II <sup>nd</sup> year]	1621020	Khyatti Rana
34)	Neha Kumari [II <sup>nd</sup> Year]	1621027	<del>Neha Kumari</del>
35)	SARAL KUMAR [II <sup>nd</sup> Year]	1621039	Saral
36)	Nandini Handa 2 <sup>th</sup> year	1621026	Nandini